Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Tuesday 05 Jul 2022 until 23:59 on Wednesday 06 Jul 2022

Forecast Issued on Monday 04 Jul 2022 at 15:12 by Met Office Aberdeen

Confidence: High for a dry morning then for conditions to deteriorate later Tuesday then for a wet day on Wednesday. Lower confidence for rainfall details from Thursday onwards.

Headline for Tuesday 05 Jul 2022: Dry morning with bright spells. Rain arriving later in afternoon with freshening winds.

Mountain weather hazards on Tuesday 05 Jul 2022

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** Medium Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Low Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
FOG	FOG						
Fog	Fog	Sunny intervals	Sunny intervals	Cloudy	Light rain	Light rain	Heavy Rain
Precipitation probability							
10%	10%	<05%	<05%	<05%	50%	80%	>95%

Forecast for Tuesday 05 Jul 2022

Weather: Scattered showers dying out overnight. A chilly start in sheltered glens then a bright morning with sunny spells. Cloud thickening from the west during the afternoon with outbreaks of rain reaching the west coast around mid-afternoon before spreading east across all ranges. Rain becoming heavy in the west late in the evening.

Chance of cloud-free hill tops above 800m: 30% becoming 80% during the morning. Decreasing to 10% late afternoon and early evening as cloud descends

Low cloud and visibility: Areas of cloud down to 500m at first but lifting through the morning to leave good visibility across all ranges. Deteriorating from the west from mid-afternoon with cloud and fog lowering to 400m by early evening with patches of fog down to lower slopes near the west coast.

Check our weather forecast every day to get the most accurate and up to date information
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Met Office Mountain Weather Forecast

Forecast for Tuesday 05 Jul 2022

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	25/31 W	23/29 W	18/23 W	14/20 W	18/26 W	23/31 SW	23/30 SW	23/31 SW	27/36 SW
900	23/30 W	23/28 W	17/23 W	14/20 W	18/26 W	22/30 SW	21/29 SW	22/30 SW	24/33 SW
600	15/22 W	14/20 W	13/18 W	12/17 W	16/23 W	19/27 SW	16/24 SW	17/25 SW	17/26 SW
300	6/24 W	6/23 W	6/19 W	6/17 W	8/23 W	7/24 SW	6/21 SW	6/23 SW	6/25 SW
Glen	8/18 W	8/17 W	7/14 W	7/13 W	11/19 W	10/20 SW	7/16 SW	9/18 SW	7/18 W

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	3/-3	3/-3	3/-2	4/-0	6/1	6/1	7/2	7/3	7/2
900	4/-2	4/-2	4/-1	5/1	6/2	7/2	8/3	8/4	8/4
600	6/2	6/2	6/3	8/5	9/6	9/6	10/6	10/6	10/7
300	9/7	9/7	9/8	11/10	12/11	12/10	11/10	11/10	12/10
Glen	11/9	11/9	12/10	13/12	15/13	14/12	13/12	13/11	13/12
Freezing Level*	1400m	1500m	1400m	1500m	2100m	2500m	3000m	2900m	2900m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View

Fine conditions for hill walking for much of the day but be aware of deteriorating conditions through the afternoon as rain and low cloud arrive from the west.

Forecast for Wednesday 06 Jul 2022

Weather: Persistent rain overnight and during the morning, occasionally heavy especially in the west. The rain will become light and drizzly through the afternoon. Perhaps some late brightness in the north in the evening.

Maximum wind: Westerly 30-40mph gusts 50mph, veering Northwest 20mph gusts 30mph during the afternoon.

Chance of cloud-free hill tops above 800m: Less than 10%.

Low cloud and visibility: Very poor at most levels with low cloud and fog down to low slopes. Cloud lifting to around 400 or 500m during the afternoon.

Temperature: **Glens:** Plus 12C rising to 15 or 16C.
At 800m: Plus 9C.
Freezing level: Above summits.

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